



## fresh & healthy menu (express locations)

### smoothies 100% pure

awaken your mind & body

**Body Builder** soy milk, non-fat yogurt, strawberries, bananas and protein blend fortifier

**Mega Mangosteen** mangosteen juice, mango sorbet, raspberry sorbet, mangos and bananas

**Pomegranate Passion** pomegranate juice, non-fat frozen yogurt and strawberries

**Go Goji** goji juice, raspberry sorbet and strawberries

**Acai Energy Smoothie** passion-orange-guava juice, organic acai, strawberries and bananas

**Mango Madness** passion-orange-guava juice, mango sorbet, non-fat yogurt, mangos and bananas

**Caribbean Breeze** passion-orange-guava juice, mango sorbet, mangos and strawberries

**Kiwi Quencher** kiwi juice, mango sorbet and strawberries

**Pineapple Delight** pineapple juice, coconut cream, non-fat frozen yogurt, pineapples and strawberries

**Tropical Peach** peach juice, mango sorbet, peaches and pineapple

**Chunky Monkey** chocolate soy milk, vanilla frozen yogurt, bananas and peanut butter

**Blue Velvet** passion-orange-guava juice, non-fat frozen yogurt, blueberries and bananas

**Raspberry Rush** cranberry juice, raspberry sorbet and raspberries

**Strawberry Sensation** strawberry juice, raspberry sorbet, strawberries and bananas

**Acai Energy Bowl** passion-orange-guava juice and organic acai topped with bananas and granola

### smoothies 100% pure

lite blendz: up to 50% fewer calories

passion-orange-guava juice & mangos  
strawberry juice, strawberries & bananas

peach juice & strawberries

pomegranate-blueberry juice & blueberries

super smoothies

**Avocados & Cream** soy milk, non-fat frozen yogurt, avocado, bananas, coconut cream, agave

**Jolly Green Kiwi** kiwi juice, raspberry sorbet, pineapple, spinach, wheatgrass

**Matcha Wheatberry** cranberry juice, matcha green tea, blueberries, raspberries, wheatgrass, agave

fortifiers

supplements to fortify your body and improve your health: one FREE with every smoothie

energy blend • brain blend • fiber blend  
bone blend • whey protein • soy protein  
sniffles blend • slim & trim • multi-vitamin

**fresh squeezes** nutritional power punch

supreme squeezes

**Cold Fighter** ginger, carrots and oranges

**Detox** parsley, celery, spinach and carrots

**Cholesterol Reducer** ginger, garlic, carrots and apples

**Energy Blast** carrots and parsley

**Body Cleanser** carrots, cucumbers, beets

**The Digestive Cocktail** spinach and carrots

freshly squeezed

chilled to perfection upon request

orange • apple • carrot • apple-carrot • orange-carrot

100% fruit juices

passion-orange-guava • pineapple • peach  
cranberry • pomegranate • mangosteen • goji

### super shots a taste of health

matcha green tea  
wheatgrass

### iced coffees & teas get refreshed

fresh iced teas

organic black tea shaken with 100% pure fruit juice

passion-orange-guava • pineapple • peach • cranberry • lemon • pomegranate-blueberry  
mangosteen • goji

iced coffees

**Cool Cappuccino Smoothie** cappuccino, vanilla soy milk and frozen yogurt

**Matcha Green Tea Smoothie** soy milk and non-fat frozen yogurt blended with matcha green tea

**Chai Tea Smoothie** chai, vanilla soy milk and frozen yogurt

**Iced Caramocha Javaccino** coffee, vanilla soy milk, chocolate and caramel blended with ice

### hot coffees & teas a healthy twist

espresso bar drinks

freshly brewed coffee • americano • latte  
mocha latte • cappuccino • espresso

hot teas

chai latte • assorted teas

flavor shots

add a flavor shot to your coffee or tea  
caramel • hazelnut • almond • vanilla  
chocolate • agave • espresso

soups hearty, nutritious and delicious

Our fresh daily selection of soups are low in fat and low in sodium.

**specialty extras** We also offer a fresh & healthy selection of snack foods and bottled beverages for people on the go.